



14th ANNUAL

TOX 'N PURGE 5k Karla Moore Memorial Fun Run and Walk



WHEN:

2010 S.O.F.T. Meeting
Thursday,
October 21nd, 2010
6:30 AM – 8:00 AM



WHERE:

Greater Richmond Marriott
Richmond, Virginia

Registration Includes:

- 14th ANNUAL TOX 'N PURGE T-Shirt
- Prizes for 1st place men's runner, 1st place women's runner and 1st place walker



S.O.F.T. TOX 'N PURGE 5K Karla Moore Memorial Fun Run and Walk

Thursday, October 21, 2010 ♦ 6:30 AM – 8:00 AM

- Entry Fee: \$10
- Make checks payable to: SOFT 2010
- Mail to: SOFT Office, 1 N. McDonald St, Suite 15, Mesa, AZ 85201

NAME

First

Last

ADDRESS

SHIRT SIZE

AGE ON RACE DAY

CITY

STATE

ZIP

SEX

 M F

PHONE

5K RUN

WALK

E-MAIL ADDRESS

Liability waiver must be signed before mailing

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and /or humidity, altitude, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the organizers of the S.O.F.T. TOX 'N PURGE 5K FUN RUN/WALK and all other sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event or carelessness on the part of the persons in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes.

Signature (parent or guardian if under 18) **X** _____ Date _____